

Don't Break Your Heart - *Keep it healthy*

# Hands Only CPR/AED TRAINING

Thursday, February 19, 2026

5:30 p.m.

St. Joseph Medical Center  
Alex George Auditorium,  
Building D

1000 Carondelet Drive  
Kansas City, MO 64114

**RSVP:** Limited seats available,  
please RSVP to Lisa Raunig at  
[lraunig@primehealthcare.com](mailto:lraunig@primehealthcare.com)

\*No official certification provided.

\*Light dinner provided



**Francisco  
Lammoglia, MD**  
*Cardiologist*

- Learn the facts about heart disease, signs of a cardiac event, dietary tips on eating heart healthy
- Blood pressure & blood sugar checks