ACAP

Adult Children of Aging Parents

KANSAS CITY

All programs presented by experienced senior services professionals

FEB 19 — **Becoming Your Parent's Advocate in a Medical Setting**

MAR 19 — **Decluttering for Caregivers and Their Loved Ones**

APR 16 — **Importance of Being Socially Engaged and Active**

PROGRAMS PRESENTED ON THE THIRD THURSDAY OF EACH MONTH

Presentations begin at 12:00 PM.

ACAP Kansas City is excited to announce the **2026 Senior Make a Wish Program**.

We're seeking nominations throughout the ACAP Kansas City region for seniors who have a long-held wish or want to revisit past experiences. The ACAP Kansas City Senior Make a Wish program aims to fulfill one special senior's dream.

Please nominate someone who you believe would benefit from a wish. ACAP Kansas City will review submissions, choose a recipient, and work with the nominee, their family, and the nominator to make the wish happen. Last year's winner chose a trip to Las Vegas!

PROGRAM LOCATION

St. Joseph Medical Center
Alex George Auditorium
1000 Carondelet Drive, BLDG D
Kansas City, MO 64114

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